

THE OUTDOOR CLASSROOM



EARTH TRACKS
Connecting People to Nature



**BIRCH BARK
CANOES
BY MAHIGAN**



"The Outdoor Classroom" is a series of workshops designed to reconnect people with the land and with each other; participants will gain knowledge of and, a renewed sense of reverence for, this land we call our territory. People of differing backgrounds will be brought together to share knowledge, stories and...some good food...

WORKSHOP #1 - FORAGING - EDIBLE, MEDICINAL AND UTILITARIAN PLANTS PART 1

WHEN: MON JUNE, 11TH - THURS JUNE 14TH, 2018
START: 9:30 A.M. DAILY
END: 5:00 P.M. DAILY
WHERE: SHAWANAGA LANDING

Overview:

Many of the common plants around us can be used for food and medicine. Time will also be spent discussing how these plants can be used for survival and wilderness living skills. Some topics to be covered over four days include:

- Botanical terms and Basic Botany Intro
- How to ID plants and Trees
- How to use field guides
- Poisonous species
- Edible, medicinal and utilitarian uses of plants
- When and how to harvest.
- Wildcrafting Ethics
- Harvesting, drying, preserving and preparation
- Hands on Harvesting and time spent preparing plants for food and medicine
- Sharing of wild food and medicine making recipes

* This workshop is geared towards youth/adults ages 16 and up but, everyone is welcome! Families are encouraged to come out together. **Children 12 and under must be accompanied by an adult.**

* Please note that transportation will not be provided. Camp coffee & morning snack provided. Lunch provided.

* Please come prepared!; bring a refillable water bottle. Please check the weather and dress accordingly (layers recommended); much time will be spent in the bush so, please wear proper footwear and a bug hat and/or bug repellent. Bring a camp chair if you have one. Please contact Leena @ 705-366-2526 ext 228 if you have questions. ~Miigwetch